



Eucharistic Congress 2024: *Communion to Heal the World*

Matthew: 23.8

Our world is made up of people and experiences that can be hurtful and broken. What if there was a way to heal these wounds? What if there was a way to heal the world? There is. **Healing can be found in the Eucharist.** As Catholics we believe that Christ is truly present when we take part in Communion. Each time we receive and say “Amen,” we say yes to the ways Jesus can heal our world through us. Jesus restores our relationship with God. Jesus calls us to be united in one community in this Church. Jesus’ life and work and example inspire our worship. Jesus served the most vulnerable and calls his followers to do the same. Jesus sends his Spirit to equip us even now to bring his mission to share the transforming love of God with the world.

The Eucharist can heal the world.

What is the Eucharistic Congress?

A Eucharistic Congress is a time to focus on our understanding and belief in the Eucharist as Catholics. It is the source and summit of our Christian faith as Catholics. Come to Congress to re-discover...or discover for the first time... why!

But what exactly is happening? Glad you asked!

- October 17:** Youth Night! This pre-congress event at Saint Agnes Church is aimed at youth and young adult from the ages of 14-35.
- October 18:** Opening Night of the Eucharistic Congress happens at Saint Agnes Church and includes times of prayer and a talk that breaks open our theme: Communion to Heal the World.
- October 19:** The second day of the Congress at Saint Agnes Church offers more prayer and more talks on the Eucharist. The highlight will be a Eucharistic Procession (a 4.1 km) walk from Saint Agnes Church to Saint Mary’s Cathedral Basilica.
- October 20:** The last day of the Congress will gathering us at Saint Agnes for our last talk and the closing Mass of Eucharistic Congress.

Check out all the details about the Congress at www.halifaxyarmouth.org/congress2024
Register now! Registration deadline: **October 9, 2024**

In preparation for the Eucharistic Congress...

Let's Talk about Jesus in the Eucharist!

Join Deacon Dan for soup, rolls, and a time for sacred scripture, prayer and sharing!

WHEN:	Saturday, September 7	St. Rose of Lima Church @ noon
	Saturday, September 14	St. Rose of Lima Church @ noon
	Saturday, September 21	St. Bernard Church @ noon
	Saturday, September 28	St. Bernard Church @ noon

Contact Deacon Dan (902-999-6720) or the parish office to let us know if you plan to attend. He is looking for a great turnout.

Let's be a small part of healing in a broken world!

Presence: The Mystery of the Eucharist

This four-part video series explores the truth and beauty of Christ's real presence in the Eucharist, from its origins in Sacred Scripture to its profound role in the life of the Church and her members. It is the crescendo of the entire story of salvation.

St. Bernard Church

Wednesdays September 18 and 25/October 2 and 9 @ 1 pm

St. Rose of Lima Church (Mitchell Hall)

Thursdays September 19 and 26/October 3 and 10 @ 6:30 pm

More details to follow in next week's bulletin.